



The Quality of Periapical Dental X-Ray in Wad Medani Dental Teaching Hospital, Sudan

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Abstract

Quality of x-ray is one of important dental investigation and help to Good Diagnostic Quality “Radiographs are necessary for the evaluation and diagnosis of many oral conditions and diseases. Radiographs should be specific to the needs and requirements of each particular patient”, low quality is effects in diagnosis and treatment, the aim of this study is to assess the quality of x ray in wad medani dental teaching hospital and its impact on work.

Result

- Among group was selected, 22.8% were male where as 77.2% were female.
- The educational level: under graduate 62.2%, post graduate 37.8%.
- The dentist ask for X-ray for every patient about 16.5%.
- The most dentist ask for X-ray for endodontic 52%.
- The quality of X-ray at the hospital is low by 69, 3%.
- The cause of the low quality is: the machine quality, 37.8% and the technician problem, 37%.
- The quality of X-ray is affects dental diagnosis and treatment about 97.6%

Keywords: Dental X-rays; Radiographs; Medani dental

Introduction

Dental X-rays (radiographs) are images of your teeth that your dentist uses to evaluate your oral health. These X-rays are used with low levels of radiation to capture images of the interior of your teeth and gums. This can help your dentist to identify problems, like cavities, tooth decay, and impacted teeth .Dental X-rays may seem complex, but they’re actually very common tools that are just as important as your teeth cleanings. Dental X-rays are typically performed yearly. They can happen more often if your dentist is tracking the progress of a dental problem or treatment. Like brushing and flossing, getting regular dental X-rays is an integral part of your overall oral health .Having a good check-up can be a relief, but this doesn’t mean you shouldn’t keep getting X-rays. Depending on your age, health, and insurance coverage, X-rays may be performed every one to two years. Be

sure to commit to your appointments and see your dentist sooner if you experience any pain or other changes in your mouth .There are two main types of dental X-rays: intraoral (meaning the X-ray film is inside the mouth) and extraoral (meaning the X-ray film is outside the mouth). Intraoral X-rays are the most common type of dental X-ray taken. These X-rays provide a lot of detail and allow your dentist to find cavities, check the health of the tooth root and bone surrounding the tooth, check the status of developing teeth, and monitor the general health of your teeth and jawbone. Extraoral X-rays show teeth, but their main focus is the jaw and skull. These X-rays do not provide the detail found with intraoral X-rays and therefore are not used for detecting cavities or for identifying problems with individual teeth. Instead, extraoral X-rays are used to look for impacted teeth, monitor growth and development of the jaws in relation to the teeth, and to identify potential problems between teeth and jaws and the

Received date: 10 March 2023; **Accepted date:** 20 March 2023; **Published date:** 27 March 2023

Citation: Esam A, Ameer A (2023) The Quality Of Periapical Dental X-Ray In Wad Medani Dental Teaching Hospital, Sudan. SunText Rev Dental Sci 4(1): 159.

DOI: <https://doi.org/10.51737/2766-4996.2023.159>

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temporomandibular joint (TMJ, see temporomandibular disorders for more information) or other bones of the face.

The factors that can affect the quality of radiographic images depends on:

- How the image was taken (radiographic technique).
- What image receptor was used (film or digital).
- How the visual image was created.
- Chemical processing (film).
- Computer processing (digital).

The high quality of dental x-ray help to:

- Good Diagnostic Quality.
- Consistent results.
- Lowest possible dose to patient.
- Determine sources of error and correct.
- Cost effective.

The effects of poor radiographic technique are the same whatever type of image receptor is used. These technique errors have already been covered in detail in relation to the three main projections used in dentistry, namely periapical, bitewings and panoramic radiographs. Practical factors influencing film-based image quality: In practical terms, the various factors that can influence overall film-captured image quality can be divided into factors related to:

- The X-ray equipment
- The image receptor – film or film/screen combination
- Processing
- The patient
- The operator and radiographic technique.

Dental care professionals need to be able to recognize the cause of the various film faults so that appropriate corrective action can be taken. Typical film faults.

Overexposure owing to

- Faulty X-ray equipment, e.g. timer
- Incorrect exposure time setting by the operator

Overdevelopment owing to

- Excessive time in the developer solution
- Developer solution too hot
- Developer solution too concentrated

Fogging owing to

- Poor storage conditions: Too warm
- Old film stock i.e. films used after expiry date
- Faulty cassettes allowing ingress of stray light

Faulty darkroom/processing unit

- Allowing leakage of stray light.
- Faulty safe-light.
- Thin patient tissues.

Underexposure owing to

- Faulty X-ray equipment, e.g. timer.
- Incorrect exposure time setting by the operator.

- Failure to keep timer switch depressed throughout the exposure.

Underdevelopment owing to

- Inadequate time in the developer solution.
- Developer solution too cold.

Justification

I select the X-ray quality as a problem to be study according to many reasons:

- To evaluate the implementation of quality assurance requirements for digital dental radiography in routine clinical practical
- Fiercely debated
- Is the view clinically necessary
- Is there a net benefit from taking a radiograph
- Does the clinical examination warrant the x-ray
- Do the symptoms/history warrant an x-ray
- Every view must be justified and reasons recorded

Objectives

General objective

The aim of this study is to assess the quality of X ray in wad medani dental teaching hospital and its impact on work.

Specific objectives

- To gain feedback from dentists about X-ray quality.
- To set a program to improve the X-ray quality.
- To evaluate the prevalence of the most radiograph tooth at the dental hospital.
- To improve knowledge of dentists about the benefits of good X-ray quality.
- To investigate the standardized criteria for high X- ray quality.

Methodology

Study design

This study was a descriptive analytic cross sectional type held at Wad madani dental teaching hospital.

Data collection and tools

The study used a cross-sectional descriptive survey design in the form of a questionnaire of 11 questions about: (demographic data, evaluation of dental x-ray in hospital, quality of dental radiograph, related b/w low quality of x-ray and misdiagnosis, prevalence of most radiograph tooth).

Site

Various places in Wad madani dental teaching hospital and randomly selected.

Target Population

Dentist in Wad madani dental teaching hospital

Sampling and sample frame

Simple random sampling was used to select my sample

Selection Criteria

Inclusion criteria: Dentist in wad medani dental hospital between under graduate and post graduate who agree to participate in the study.

Exclusion criteria

No exclusion in May sample

Ethical Considerations

All study participants gave informed consent prior to participating in the study which was conducted on an anonymous basis.

Data Analysis

Data was been analysis using manual method

Literature Review

1. Dental practitioners in the United States are exposing more than 400 million dental radiographs per year. Major national studies have indicated that improvements in radiographic quality is needed. Quality assurance (QA) programs used in medical radiology are designed to produce radiographs that are of high quality, use the least amount of radiation, and are produced at minimum cost. Preliminary recommendations are presented from the Quality Assurance Committee of the American Academy of Dental Radiology as an outline for establishing preventive maintenance of x-ray systems and a preliminary method for determining appropriate QA monitoring levels for dentistry. Included are recommendations for three stages of dental radiology QA. These are preliminary ratings and are expected to change as more dental QA information becomes available. "The American Academy of Dental Radiology Quality Assurance Committee 15 May 2005".

2. An adequate quality radiograph is one, which provides the required diagnostic information. However the quality of radiograph depends upon several contributory factors. Where the practioners is in any doubt about the reasons for poor radiographic quality it is helpful to systematically target the problem areas. This is achieved by carrying out a film reject analysis. "Shams Ul Nisa (Author) 2016"

3. An organised effort by the staff operating a facility to ensure that the diagnostic images produced by the facility are of a sufficiently high quality so that they consistently provide diagnostic information at the lowest possible cost and with the least possible exposure of the patient to radiation. "WHO 2005".

4. Radiation dosimetry for determining the optimum image quality with the lowest radiation exposure to the patient was carried out. The best image quality with the lowest exposure dose was assessed for conventional intraoral X-ray film (Kodak type E) and the digital processing sensor (RVG 5200). Radiation survey level was done during this study for safety and protection Purposes. "King Abdul Aziz University (KAU) Dental Hospital".

5. Quality assurance programmes for dental radiography are needed to ensure that images are consistently of a high standard. All aspects of the imaging process must be monitored to reduce the number of repeat radiographs needed, and to ensure radiography is carried out efficiently. "Jane Luker 2014".

6. The purpose of Quality Assurance (QA) in dental radiology is to ensure consistently adequate diagnostic information, while radiation doses are controlled to be as low as reasonably achievable. "1996. European Guidelines on Quality criteria".

Results

- The study sample consist of post graduate 38%, under graduate 61%, 22.5% were Males and 77.5% were Females.
- Most dentist are not ask for x-ray for every patient (82.9%).
- Most ask for x-ray in endodontic reason (51.2%) to the all teeth (69%).
- The quality of x-ray is low (69%).
- In this sample, (97.7%) low x-ray quality effect of diagnosis and treatment.
- In this sample the main cause of low quality is machine problems (38.8%).
- In this sample the main problem with low quality of x-ray is misleading diagnosis (44.2%).

Discussion

- This study revealed that assesment of x-ray quality wad medani dental teaching hospital assest the quality in study area was 69% low and 26.4% average which is higher than the most previous study.
- This difference may be attributed to the difference in quality of x-ray, methodology, misdiagnostic effects as well as failure RCT and difficult extracting lower 8.
- As a result of all these variables, film faults and alterations in image quality are inevitable. However, since the diagnostic yield from radiography is related directly to the quality of the image, regular checks and monitoring of these

variables are essential to achieve and improve the quality of radiographs. It is these checks which form the basis of quality assurance programmes.

Conclusion

In wad medani dental teaching hospital the quality of x-ray is low (69%), the main causes is machine quality problem (38.8%) and technician problem (36.4%).

Recommendation

- Improve the machine quality and using with profession technician.
- Improve the image and solution quality.
- The technician must respect and adhere to the working hours.
- There is an increased demand to start educational programs for dental student and dentist and teachers to increased their dental knowledge and management about radiograph machine.
- Select the high quality of solutions and good type of film, using the criteria given for film quality.
- As a minimum target, no greater than 20% of radiographs should be of unacceptable quality.
- As soon as possible, insert the digital x-ray machine.

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