



# Energy Alterations in Patients with Hypertension and Why the Use of Piercing Can Worsen It?

Huang WL

*Infectious Diseases, General Practice, Nutrition, Acupuncture and Pain Management Specialist. Medical Acupuncture and Pain Management Clinic, Franca, São Paulo, Brazil*

\*Corresponding author: Huang Wei Ling, MD, Rua Homero Pacheco Alves, 1929, Franca, São Paulo, 14400-010, Brazil; E-mail:weilingmg@gmail.com

## Abstract

**Introduction:** Systemic arterial hypertension is the most important risk factor to increase morbidity and mortality and it is associated with an increase propensity to have cardiovascular disease. The purpose of this study is to demonstrate that patients with hypertension have in common, energy deficiency inside the five internal massive organs of the five elements of traditional Chinese medicine and the use of metallic piercing can reduce this energy even more, worsening the grade of hypertension.

**Methods:** A one case report of a 36 years-old male patient with history of severe hypertension (200x120mmHg). He went to cardiologist that prescribed anti-hypertensive medications. He had at that moment 8 to 10 piercing in the face and both ears and also in the tongue. The medications were not improving his hypertension and he went to my clinic to see the possibility to reduce his hypertension using another method of treatment. I measured the energy of the five internal massive organs of the five elements theory of traditional Chinese medicine (Liver, Heart, Spleen, Lungs, and Kidney) using radiesthesia procedure.

**Results:** All his internal organs were in the lowest level of energy, rated one out of eight. The treatment of this condition using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting and replenish the energy of these organs using highly diluted medications (Phosphorus to replenish the energy of Liver, Sulphur to replenish the energy of Heart, Calcarea Carbonica to replenish the energy of Spleen, Silicea to replenish the energy of Lungs, Natrum muriaticum to replenish the energy of Kidney) reduced the hypertension in the first session to 130x90 mmHg. It was also advised him to take out all his piercings and after he took out the metallic piercings, it was possible to normalize the hypertension (but associating with highly diluted medications and acupuncture).

**Conclusion:** To demonstrate that patients with hypertension have energy deficiency inside the five internal massive organs of the five elements theory of traditional Chinese medicine and the use of any kind of metallic implants or piercings can reduce even more this energy and can worsen in this condition, and worsening the systemic hypertension.

**Keywords:** Hypertension; Anti-hypertensive medications; Piercing; Energy; Traditional Chinese medicine; Acupuncture; Homeopathy; Hippocrates

## Introduction

Hypertension is one of the most important risk factors leading to increased mortality and morbidity. There is an increased risk for cardiovascular diseases. The etiology of hypertension involves multiple factors involving many organs and also, genetic and environmental ones [1]. The aim of this study is to demonstrate that patients with hypertension have energy deficiency inside the five internal massive organs of the five elements theory of traditional Chinese medicine. The second aim is also to show that the use of piercings used by the patient can worsen even more the

energy deficiency situation and worsen the picture of systemic hypertension.

## Methods

Through one case report of 39 years-old male patient that went to his cardiologist with symptoms of dizziness, headache and malaise. The doctor measured his blood pressure and it was 200/120 mmHg. It was prescribed three anti-hypertensive medications but they were not improving his hypertension. He went to my clinic because his girlfriend was my patient and told him to come. In the first medical appointment, his blood pressure was 200/116 mmHg and he was also using so many kinds of

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metallic piercings in his nose, ear, face, tongue and also, so many tattoo in his whole body. I saw that he also was sweating during his consultation in his whole body. I measured his energy of the five internal massive organs (Liver, Heart, Spleen, Lungs and Kidney) using radiesthesia procedure.

## Results

All his internal five massive organs were in the lowest level of energy, rated one out of eight. The treatment of his condition at that moment was to do apex ear bloodletting in both ears and do auricular acupuncture using mustard seeds (Shen men, Kidney, Liver, Spleen, Lungs, Heart, Large intestine, Hunger point, Occiput, Neurasthenia area, lowering blood pressure point) applied to a small adhesive tape. It was also used systemic acupuncture using some points (TE 6 bilateral) and also, moxibustion. After doing all these technics, his blood pressure went to 150x90 mmHg and I asked him to return twice a week to do auricular acupuncture associated with apex ear bloodletting and start to use highly diluted medications to replenish the energy of these organs. These homeopathy medications were Phosphorus to replenish the energy of Liver, Sulphur to replenish the energy of Heart, Calcarea carbonica to replenish the energy of Spleen, Silicea to replenish the energy of Lungs and Natrum muriaticum to replenish the energy of Kidney. The patient returned for only three acupuncture sessions and in all sessions, the blood pressure was normal after he took out all his piercings from the body with exception of one on his right face in the cheek, that he told me it would be impossible to remove that one.

## Discussion

In this article, I will use the thoughts used by Western medicine but also, by traditional Chinese medicine, that exists for more than five thousand years, to explain why the use of piercings can influence the blood pressure [2-3]. In many articles written by myself in the last three years, I am emphasizing the importance to treat the “root” of the tree and not just the symptoms that are considered the “leaf” level of the tree. This tree metaphor showed in many articles are symbolizing the human body and I will show in which level of alterations patients with essential hypertension are that explains why they do not have any laboratorial exams altered to explain the occurrence of hypertension. The tree metaphor is shown in Figure 1. In this tree, you can see that it is divided into two parts, the part above the earth and the part under the earth, the part above the earth is composed by the trunk with several branches and coming out of each branch, you can see many leaves. Each branch means one medical specialty and each leaf means one symptom or disease treated by each medical specialty. In this case, hypertension is a “leaf” level of cardiology or nephrology branch and they usually treat the “leaf” level giving

medications to reduce the symptoms that is the hypertension itself. But according to traditional Chinese medicine, the cause of all disease formation is not in the “leaf” level of the tree but on the “root” of this tree, that is usually invisible to the naked eyes and also, was considered “unscientific” by the medical community after the implementation of Flexner report in 1910 [4-7]. According to Albert Einstein (1879-1955) all the things that composed the universe is composed by energy [8]. In many studies made by myself during these past five years, I am showing the necessity of studying the energy alterations presented in the “root” of the tree, especially in the case of patients with hypertension [9].

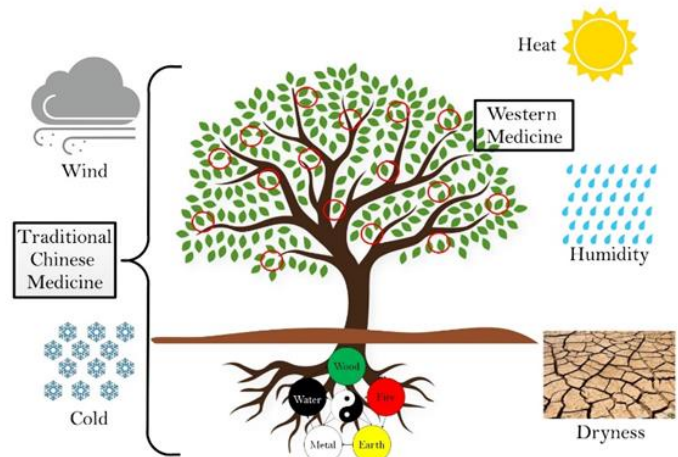


Figure 1: Metaphor of the tree.



Figure 2: Metaphor of Yin and Yang of Western and traditional Chinese medicine.

In the “root” of this tree, there are two theories in traditional Chinese medicine, that are *Yin* and *Yang* theory and the Five elements theory, that are described in the article written by myself (2019) titled *Energy Alterations as the Underlying Cause of Primary Hypertension*. In the formation of variety of disease, there are energy alterations in the “root” of this tree, leading to clinical manifestations in the “leaf” level of the tree and the results of this study was published in the article written by myself (2021) titled *Energy Alterations and Chakras’ Energy Deficiencies and Propensity to SARS-CoV-2 Infection* [10]. At the

Acupuncture Research Conference that was held Harvard Medical School in Boston, in 2015, I demonstrated the importance to treat the energy alterations presented in the “root” of the tree. In this presentation, I said that “treating the energy imbalances presented in the “root”, we can treat all the patients’ emotional or physical diseases at the same time, and even the doctor does not know that the patient has such symptoms”. The importance to use correct diet to balance these energies was also proved by Hippocrates (c. 460 bce - c. 375 bce), the father of medicine, that said that “make your food your medicine and your medicine your food.” The dietary orientations had the intention to balance the energy of the five internal organs using food as our medicine and balancing the energy of these five internal massive organs and the *Yin* and *Yang* energy, it works to reduce the hypertension [11]. The second step used in this treatment was to do the apex ear bloodletting with the intention to reduce the blood pressure and it works to reduce it. It is very fast and natural treatment to reduce the blood pressure in patients with hypertension and can reduce anxiety, diabetes, inflammation, allergy, infections, etc [12-17]. The third important thing used in this patient was to prescribe highly diluted medications such as homeopathy discovered by Samuel Hahnemann (1755-1843) but using five of these homeopathies in every patient with any kind of physical or emotional symptoms, because all of them has in common, energy deficiencies in the five internal massive organs of the Five Elements theory of the traditional Chinese medicine. This theory is titled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine*. Using these five homeopathies (Phosphorus, Sulphur, Calcarea carbonica, Silicea, Natrum muriaticum), it will be possible to reduce the systemic pressure of patient in emergency room without using anti-hypertensive medications because there is the necessity to increase the energy of these patients to reduce hypertension and if we use highly concentrated medications, we will reduce even more the internal energy of these organs and will not reduce the systemic pressure as occurred to this patient reported in this article [18]. The use of any kind of metallic implants such as in teeth or in orthopedic surgeries using plates or scrolls or using piercings can reduce even more this internal energy, that was already very low and cause complications to this patient such as obesity shown in the article written by myself (2021) titled *Does the Use of Piercing Can Harm Health and Lead to Obesity?* and in the second article also written by myself (2023) titled *Which Could Be the Risk Factors for Developing Cancer After Receiving The COVID-19 Vaccine*. In both articles it was shown that the use of metallic implants can reduce the vital energy of the patient and can worsen the cause of obesity in patient with previous energy deficiency situation. The use of the COVID-19 vaccine can also reduce the internal energy of patients with cancer (because cancer comes from energy deficiency and formation of internal Fire according to traditional Chinese

medicine’s reasoning) and the use of this kind of vaccine in patients with previous energy deficiency situation can reduce even more the immune system of the patient leading to an increase chance to have metastasis [19]. The reduction of the internal energy when the patient is using metallic devices such as piercings can be shown through the O-ring test and showed in the article written by myself (2021) titled *How is the Mechanism of Immunodeficiency Caused by Metallic Implants and What Can they Cause when Inside the Patient's Body?* [20]. The intense sweating during the consultation means in traditional Chinese medicine that the patient in question have Qi energy deficiency but when we treat rebalancing all his energy of *Yin*, *Yang*, *Qi* and Blood using the therapies showed in this article, it was possible to treat this condition and the patient did not sweat during the day anymore. So, when the patient went to the first cardiologist doctor, the blood pressure did not reduce only prescribing the anti-hypertensive medications because the problem was in the energy level, invisible by the naked eye. As we are facing another kind of immune deficiency nowadays, caused by energy deficiency situation after the implementation of 4G and 5G technology, the treatment of this condition of energy alterations is of paramount importance to treat the cause of disease formation and not just treating the symptoms that is the systemic hypertension itself [21-23]. To understand why the use of piercings can increase blood pressure, we need to integrate the knowledge of Western and traditional Chinese medicine, combining the thoughts of both kinds of medicine, to understand the “leaf” level of the tree and also, the “root” level of this same tree, as showed in the metaphor of *Yin* and *Yang* of Western and traditional Chinese medicine, showed in Figure 2. They both are opposites but are complementary because when one finishes the other is beginning [24]. The conclusion of this study is to demonstrate that patients with hypertension have in common, energy deficiency in the five internal massive organs of the five elements theory of traditional Chinese medicine and the use of piercing devices in the body can cause a reduction even more of this internal energy and can caused worsening of hypertension. The treatment taking out the piercings from the body and rebalancing and replenishing the internal energy using highly diluted medications according to the theory of *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* is of paramount importance to treat the formation of hypertension in the “root” level of the tree and not treating the “leaf” level of the tree, using only medications to reduce the blood pressure.

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